A Rare Manifestation of Peripheral Artery Disease Requiring Urgent Attention from Emergency Physicians

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A 51-year-old male, with a history of heavy smoking and no known comorbidities, presented to the emergency department with sudden numbness in his right toes and right ankle pain, accompanied by coldness in his right foot. Upon examination, there were no signs of claudication, pallor, or cyanosis in his right lower limb, and no limitations in bilateral leg movement, nor any swelling in either leg. The patient denied recent trauma to the back or leg, as well as impotence. Muscle power in both lower limbs was normal, but a weak pulsation of the right dorsalis pedis was noted. Subsequent CT angiography revealed a complete occlusion of the infra-renal abdominal aorta (Figure 1). The patient underwent aorto-left iliac stent grafting, bypass, and balloon angioplasty, and was discharged without complications.

Aortoiliac Occlusive Disease (AIOD), also known as Leriche syndrome, is a rare and severe form of Peripheral Artery Disease (PAD) characterized by the complete occlusion of the infra-renal abdominal aorta and iliac arteries. The triad of Leriche syndrome encompasses erectile dysfunction, pelvis and thigh claudication, and absent femoral pulses [1]. In patients with acute AIOD, symptoms typically manifest as the 6Ps: pain, paralysis, pallor, paresthesia, pulselessness, and poikilothermia. However, the chronic development of a complete occlusion can lead to the formation of significant collateral circulations (Figure 2), reducing the likelihood of the aforementioned ischemic symptoms [2,3]. CT angiography is the preferred diagnostic modality [3], and it is important to note that a comprehensive imaging assessment of the more proximal arteries and even the aorta may be necessary when the symptoms strongly suggest peripheral artery disease but the peripheral arteries appear patent. This is particularly crucial as Leriche syndrome is a rare condition that often results in misdiagnosis.

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Figure 1: Sagittal view. Occlusion of the infra-renal abdominal aorta (solid arrows). Superior mesenteric artery (hollow arrow).

Figure 2: Occlusion of the infra-renal abdominal aorta extending to the proximal left common iliac, and right common and external iliac arteries. Compatible with Leriche syndrome. Revascularization distally at the femoral arteries via collaterals from lumbar arteries (arrow). Bilateral renal artery (two hollow arrows).

References