Ultrasonography Findings in Self-Induced Eye Trauma

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Clinical image description

A 54-year-old developmentally delayed male exhibiting aggressive eye rubbing behavior presented to the Wills Eye Hospital comprehensive ophthalmology clinic for an eye examination. The patient had a known history of keratoconus and diabetes. Due to behavioral limitations, we were unable to determine the patient’s visual acuity in the outpatient clinic. The patient was subsequently transferred to the operating room for an examination under anesthesia. Intraocular pressures were 20 mmHg in the right eye and 17 mmHg in the left eye. B-scan ultrasonography of the right eye demonstrated a crystalline lens in the vitreous cavity (Figure 1),

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As the lens had become displaced secondary to self-induced eye trauma. B-scan ultrasonography of the left eye revealed a subhyaloid hemorrhage with an incidentally-noted heart-shaped cavity (Figure 2), also likely secondary to self-injurious behavior.